

John M. Casci DC

Education

Cleveland Chiropractic College Los Angeles

Deans List, one of 6 chosen to treat patients at University
of Southern California University of Nevada, Reno

Delta Chi Fraternity

Earl Wooster High School Reno, Nevada Certified Personal Trainer IFPA

Professional Affiliations and Service

Field Doctor Local High School Football | Pasadena CA

Team doctor Marshall High School | Pasadena CA

Assistant Varsity Football Coach, Blair High School | Pasadena CA

Consulting Chiropractor to Fitness Trainers and Gyms | Pasadena CA

Community

Tournament of Roses Volunteer, "White Suiter" since 2007 Altadena Rotary Club

Stretching and Mobility Class Instructor

Personal

Weight lifter, Fitness, Plyometrics, Bicycling, Swimming, Hiking, Softball Lives in Pasadena
with his wife Allison and his daughter Gianna

Chiropractic Specialties

Treatment of Low Back Pain, Arthritis, Joint Pain, Ankle/ Shoulder Sprains, Headaches,
Bio-Mechanic Imbalances

Flexibility Training and Exercise, Injury Treatment and Prevention Field Doctor Football

TECHNIQUES: Diversified, Activator, Gonstead, Thompson, Cox, Leander, Myofascial
Release Flexibility Training, Biomechanics